

API Annual Day

SCIENTIFIC PROGRAMME

7th September Day1 (Friday) Hall A & B

TIME	PROGRAMME	SPEAKER	MODERATOR	CHAIRPERSON
7.30 am REGISTRATION & BREAKFAST				
8.30-10.00 am [Each 15 mts + 15 mts discussion]	CHALLENGES IN CRITICAL CARE : 1. Shock 2. Coma 3. Poisoning 4. Seizure 5. Dyspnoea	1. Dr N Ramakrishnan 2. Dr Babu K Abraham 3. Dr S Senthil Kumaran 4. Dr S Chandrasekar 5. Dr P.Paranthaman	Dr S S Lakshmanan Dr K Shanmugam	
10.00 – 10.20 am	API Chennai Chapter Annual Day - Inauguration			
10.20 – 10.50 am [20+ 10mts]	Prof. S K Rajan Oration : Solitary Pulmonary Nodule	Dr S Chandrasekaran		Dr Shailendra Vajpeyee Dr N D Ramanujam
10.50 – 11.10am [15+5mts]	Hepatitis B & C Infection	Dr N Murugan		Dr S Rajanikanth Dr P Basumani
11.10 - 11.20 am TEA BREAK				
11.20 – 11.50am [20 + 10mts]	Prof. Sam G P Moses Oration Vascular Health in pre-Diabetes and Diabetes	Dr Jayashree Gopal		Dr P Dharmarajan Dr G Vijayakumar
11.50 – 12.10pm [15+5mts]	Interpretation of Thyroid Function Tests simplified	Dr Shriram Mahadevan		Dr Narsingh Verma Dr R Rajasekar
12.10 – 12.40 pm [20 + 10mts]	Prof. M S Ramachandran Oration : Pathbreaking Inventions in Medicine of Millennium	Dr R Jayanthi		Dr MS Amaresan Dr A Bellaramine
12.40 – 1.00pm [15+5 mts]	Role of Gliptins in Clinical Practice : What does evidence tell us ?	Dr C R Anand Moses		Dr Anuj Maheshwari Dr M E Yeolekar
1.00 – 1.30pm [20+ 10mts]	Prof. Rathnavelu Subramaniam Oration : Challenges in managing fever in my tenure	Dr Issac Christian Moses		Dr V Chiranjeevi Dr K Mohan
1.30 -2.30 pm LUNCH				
2.30 – 3.45pm [Each 15 mts + 15 mts Discussion]	Symposium - STEMI Management in 2018 - 1.Diagnostic dilemma in STEMI 2. Systems of Care in STEMI management 3.Pharmaco Invasive Treatment of STEMI 4.Difficult to treat STEMI	1 Dr M Chenniappan 2 Dr Justin Paul 3 Dr Ajit Mulasari 4 Dr D Prabhakar	Dr Sripal Bangalore Dr S S Iyengar Dr K Kannan	
3.45 – 5.00pm [15 mts each & 15 mts discussion]	Symposium: Lessons learnt from CVOT to reduce CV risk in Diabetes 1. EMPAREG 2. LEADER Study 3. CANVAS Study 4. CVD REAL Study	1 Dr A K Das 2 Dr V Mohan 3 Dr Mala Dharmalingam 4 Dr Vijay Viswanathan	Dr R S Hariharan Dr Anand Moses	
BPCON Pre Conference Workshop				
5.00-5.20pm [15+ 5mts]	Home Blood Pressure Monitoring	Dr Ezhilan		Dr R R Singh Dr S Arul Rhaj
5.20-5.40pm [15+5mts]	Power and Promise of ABPM in Hypertension in India & the real world : Time to act is now	Dr H K Chopra		Dr Shailendra Vajpayee Dr S Sethuraman
5.40 - 5.55 pm [10+5 mts]	What is new in BP Measurement and Methodology?	Dr Venkata S Ram		Dr J L Agarwal Dr K Mugundhan
5.55 - 6.15pm TEA BREAK				
6.15-7.15pm	BPCON 2018 Inauguration			
7.15-8.15pm [20+ 20+ 20 mts]	Debate- Does the choice of ACEi & ARB really matter in the Initiation and Management of Hypertension?	ACEi: Dr Konstantinos Tsioufis, President ,ESH ARB: Dr Sripal Bangalore, Cardiologist New York	Dr Venkata S Ram Dr Tiny Nair Dr S N Narasingan	
8.15 pm DINNER				

SCIENTIFIC PROGRAMME

8th September Day2 (Saturday) Hall A

TIME	PROGRAMME	SPEAKER	MODERATOR	CHAIRPERSON
7.00 -8.00 am				
BREAKFAST				
8.00 - 8.20 am [15+5 mts]	ECG changes not to be missed in Hypertension	Dr Ulhas Pandurangi		Dr K Kannan Dr K Shanmugam
8.20-8.40am [15+5mts]	Echocardiography: What to look for in Hypertension?	Dr R Alagesan		Dr K Mohan Dr G Anitha
8.40-9.00am [15+5 mts]	Importance of Circadian Cardiovascular Rhythms in Clinical Practice	Dr Narsingh Verma		Dr Vijay Viswanathan Dr N Gopalakrishnan
9.00-9.20am [15 +5 mts]	Epidimiology of Hypertension Prevalance in India: In what way is it different?	Dr Rajeev Gupta		Dr Shailendra Vajpeyee Dr P Soundararajan
9.20-9.40am [15+5mts]	New Facets in Hypertension	Dr P C Manoria		Dr Ajit Mullasari Dr R Gunasekaran
9:40 - 10:00am [15+5 mts]	Hypertension Outcome Trials: How relevant are they in the real world Practice of Medicine ?	Dr S N Narasingan		Dr Daniel Lackland Dr D Prabhakar
10:00 - 10:30am [20+10mts]	Austin- Doyale Oration : Team based care for the management of Hypertension	Dr K.K Pareek		Dr Anuj Maheshwari Dr Lily Rodrigues
10:30 - 10.50am [15+5mts]	Salt Sensitivity and Hypertension	Dr Shashank Joshi		Dr V V Muthuswamy Dr S Arul Rhaj
10.50 -11.05 am				
TEA Break				
11:05 - 11.35am [20+10mts]	Presidential Oration - Insulin Resistance & HT : Cause or Effect	Dr Samar Banerjee		Dr Issac Christian Moses Dr D Vaidhyanathan
11.35 - 11.55am [15+5mts]	Latest Hypertension Guidelines: Applicability to Indian Scenario	Dr Venkata S Ram		Dr Daniel Lackland Dr M S Ramachandran
11.55-12.15pm [15+5mts]	Central Aortic Pressure	Dr S Ramasamy		Dr Divya Saxena Dr H K Chopra
12:15 - 1.30 pm [15 min each&15 min discussion]	Symposium on Heart Failure : Clinical Management of Congestive Heart Failure : Broad Principles	Dr T R Muralidharan	Dr Konstantinos Tsioufis President ESH	
	Hypertension into Heart Failure Continuum	Dr Sandeep Bansal	Dr Sripal Bangalore [USA]	
	Hypertension and Heart Failure with Preserved Ejection Fraction	Dr V V Muthusamy		
	Device therapy in Heart Failure with reduced Ejection Fraction	Dr Ulhas Pandurangi		
1:30 - 2:30pm				
LUNCH BREAK				
2.30-3.30pm [15 mins each+ 15 mins]	Panel Discussion on Stroke Management in 2018 BP Management Pharmacological Management Interventions in Stroke	Dr Lakshmi Narasimhan Dr Sudhir Kumar Dr Santhosh Joseph	Dr Sathis Kumar Dr K Mugundhan	
3.30 - 3:50pm [15+5mts]	Thyroid Dysfunction and Hypertension	Dr Anuj Maheshwari		Dr G N Mahapatra Dr D Rajasekaran
03:50 - 04:10pm [15 +5 mts]	More Cardiovascular benefits than Glucose Control of SGLT-2 Inhibitors : Possible explanations	Dr Tiny Nair		Dr S S Iyengar Dr Shashank Joshi
4.10 - 4.40pm [20+10mts]	Dr .R.G.WEGMANN Oration Renovascular Hypertension :Diagnostic and Therapeutic Dilemma	Dr I Sathyamurthy		Dr Govindan Unni Dr T R Muralidharan
4.40 - 5.00pm [15 min +5mts]	Isolated Systolic Hypertension : Pathogenesis and Management	Dr Govindan Unni		Dr M S Amaresan Dr R R Singh
5.00 - 5:20pm				
BREAK FOR HIGH TEA				

SCIENTIFIC PROGRAMME

8th September Day2 (Saturday) Hall A

TIME	PROGRAMME	SPEAKER	MODERATOR	CHAIRPERSON
5:20 - 5:40pm [15 + 5mts]	Mild Elevation in BP: What is the Clinical Importance?	Dr A K Pancholia		Dr M S Ramachandran Dr Anil Virmani
5.40 - 6.00pm [15+ 5mts]	Acute Management of Severe Hypertension : When Why and How Much?	Dr Tiny Nair		Dr S C Manchanda Dr K Jaishankar
6:00 - 6:30pm [each 8 min + 2 mins]	Oral Paper Presentation (3 nos)		Dr Samar Banerjee Dr Raman Puri Dr S Chandrasekar	
6:30 - 6:50pm [15+ 5mts]	Importance of Hypertension in People with Diabetes: Indian Data	Dr Vijay Viswanathan		Dr R Jayanthi Dr Narsingh Verma
6:50 - 7:10pm [15+ 5mts]	Sympathetic Overdrive and Hypertension	Dr.K.Tripathi		Dr Preetham Arthur Dr V V Muthusamy
7.10-7.30pm [15+ 5mts]	Peripheral Arterial Disease in Hypertension	Dr G Vijayakumar		Dr Sandeep Bansal Dr Ch Vasanth Kumar
7.30-7.50pm [15+ 5mts]	Sleep Apnoea and Hypertension	Dr N Ramakrishnan		Dr. Suresh Kumar Dr Kumar Natarajan
7.50-8.10pm	Hypertension: A Precursor for Vascular Disease	Dr R R Singh		Dr T R Muralidharan Dr Jayashree Gopal
8.10 pm	Dinner			

SCIENTIFIC PROGRAMME

8th September Day2 (Saturday) Hall B

TIME	PROGRAMME	SPEAKER	MODERATOR	CHAIRPERSON
1:30 - 2:30	LUNCH			
2.30-2.50 pm	Pharmacogenetics of anti Hypertension Treatment	Dr R Rajasekar		Dr V Shantaram Dr J L Agarwal
2.50 - 3:20 pm 8 mins each + 2 mins	Oral Paper Presentation (3 nos)		Dr Narsingh Verma Dr Anuj Maheswari Dr P Paranthaman	
3:20 - 3:40pm [15+5mts]	Significance and Therapeutic Implications of Dyslipidemia in patients with Hypertension	Dr Raman Puri		Dr Justin Paul Dr P Paranthaman
3:40 - 4:10pm [20+ 10mts]	Dr K G Nair Oration : Can we make it Simple and Practical ?	Dr Ch Vasanth Kumar		Dr S Chandrasekaran Dr D Prabhakar
4:10 - 4:30pm [15+5mts]	Nuclear Imaging in the Diagnosis and Management of Hypertension	Dr G N Mahapatra		Dr J S Kumar Dr E Prabhu
4:30 - 4:50pm [15+5mts]	High Blood Pressure in the Aging Population	Dr V Shantharam		Dr Anand Moses Dr Vivek Agarwal
4:50 - 5:10pm [15+5mts]	Masked Hypertension : What is its Clinical relevance ?	Dr J S Hiremath		Dr Meena Chhabra Dr Brij Mohan
5:10 - 5:30pm	BREAK FOR HIGH TEA			
5.30-5.50pm [15+5mts]	Obesity in Hypertension	Dr Palaniappen		Dr N D Ramanujam Dr Raman Puri
5.50 - 6.10pm [15+5mts]	Hypertension Management in patients with Chronic Kidney Disease : Clinical considerations	Dr Sharad Sheth		Dr V Chiranjeevi Dr P Soundararajan
6.10 - 7.10pm 8 mts each +2mts discussion	Rapid fire session			
	Diuretics :First among the equals	Dr D Vaidhyanathan		Dr S S Iyengar
	Azilsartan	Dr Aishwarya Sadagopan		Dr D Selvaraj
	Benedipine	Dr K Shanmugam		Dr V Chiranjeevi
	Eflodipine	Dr. K Kannan		Dr P Paranthaman
	Moxonidine	Dr K Jaishankar		Dr M S Amaresan
7.10 - 7.50pm [15+5mts]	Debate:Can Betablockers be the first choice in the Management of Hypertension ? Yes / No	Yes: Dr Rajeev Agarwala		
		No: Dr Y V C Reddy	Dr Sarath Chandra Dr S N Narasingan	
7.50 -8.10 pm (15+5 mts)	Oxidative Stress in Human Hypertension	Dr M E Yeolekar		Dr J L Agarwal Dr N Malathy
8.10 pm	DINNER			

SCIENTIFIC PROGRAMME

9th September Day3 (Sunday) Hall A

TIME	PROGRAMME	SPEAKER	MODERATOR	CHAIRPERSON
7.30-8.00am	Breakfast Session			
8.00-9.00am [8 mts each + 2 mts]	Oral Paper presentation (6 nos)		Dr Kumar Natarajan Dr K Kannan Dr S Chandrasekar Dr K Siva Subramanian Dr V Rukmani Dr Chitrambalam	
9.00 -9.20am [15+5mts]	Diagnosis and Management in Pediatric Hypertension	Dr Sudha		Dr M S Amaresan Dr B R Nammalwar
9.20-9.40 am [15+5mts]	Rare and unusual forms of Hypertension	Dr Asha Mahilmaran		Dr V Chiranjeevi Dr A Gowrishankar
9.40-10.00am [15+5mts]	Assesement of CV Risk Profile in Clinical Practice	Dr S S Iyenger		Dr K Mohan Dr M S Amaresan
10.00 -10.20am [15+5mts]	Manangement of Resistant Hypertension	Dr Abraham Oomman		Dr K Kannan Dr Venkata S Ram
10.20-10.40am [15+5mts]	Strategies to prevent Hypertension in India "Challenges & Solutions"	Dr Praveen Jain		Dr K Rajendran Dr Tito
10.40 - 10.55am	Tea BREAK			
10.55-11.15am [15+5mts]	How to detect early Kidney disease in Hypertension	Dr N Gopalakrishnan		Dr M S Amaresan Dr Vijay Viswanathan
11.15 - 11.35am [15+5mts]	What is new in ADPKD Management	Dr R Padmanabhan		Dr Edwin Fernando Dr Anuj Maheshwari
11.35-11.55am [15+5mts]	Goal of Hypertension in DM & CKD patients	Dr Arvind Gupta		Dr V Rukmani Dr R Kannan
11:55-12.15pm [15+5mts]	Clinical Importance of BP Variabilty	Dr E Prabhu		Dr V Chiranjeevi Dr Narsingh Verma
12.15-12.35pm [15+5mts]	Do all Hypertensives require Statin & Asprin?	Dr Sarath Chandra		Dr Raman Puri Dr R Balajinathan
12.35 -12.55pm [15+5mts]	Intensive Control of Hypertension and CV risk Reduction	Dr Vivek Agarwal		Dr Divya Saxena Dr N Vetrivel
12.55-1.15pm [15+5mts]	Secondary Hypertension	Dr Jotideb Mukhopadhyay		Dr N D Ramanujam Dr G Sundaramurthy
1.15 - 1.35pm [15+5mts]	Emerging importance of ARNIs in Cardiovascular Medicine	Dr Joy M Thomas		Dr J L Agarwal Dr Abraham Oomman
1.35 -2.30pm	LUNCH (Post Lunch Sessions in Hall A&B)			
2.30-2.50pm [15mts+5mts]	Antihypertensives : Updates on Chiral Concept	Dr.Swati Naik		Dr K Shanmugam Dr V V Muthusamy
2.50-3.10pm [15mts+5mts]	Hypertension and peri Operative Period	Dr S S Lakshmanan		Dr V T Premkumar Dr V Chiranjeevi
3.10-4.10pm	Encyclopedia of Hypertension : Get questions & Get answers ?	Dr Justin Paul (cardio) Dr G Sengottavelu (Cardio) Dr P Soundarajan (Nephro) Dr.Edwin Fernando (Nephro) Dr Sathis Kumar (Neuro) Dr Suresh Kumar [Neuro]	Dr Venkata S Ram Dr S N Narasingan	Dr J L Agarwal Dr K Mugundhan
4.10-4.30pm	Valedictory Function			

SCIENTIFIC PROGRAMME

9th September Day3 (Sunday) Hall B

TIME	PROGRAMME	SPEAKER	MODERATOR	CHAIRPERSON
7.00 -8.00 am BREAKFAST				
08:30 - 08:50am [15+5mts]	Hypertension and Diabetes. Double Jeopardy	Dr Lily Rodrigues		Dr K.Shanmugam Dr S Gopalakrishnan
8:50 - 9:10am [15+5mts]	Is there a treatment Induced J Curve phenomenon ?	Dr D Prabhakar		Dr K Kannan Dr K .Mohan
9:10 - 10:10am [15mts each + 15mts discussion]	Case based discussion : Adrenals and Hypertension: What to look for ?	Dr Krishna G Seshadri Dr Rajesh Rajput Dr Vinod Mittal	Dr Krishna G Seshadri	Dr D Selvaraj
10:10 - 10:40am [8mts each + 2mts]	Oral Paper Presentation (3 nos)		Dr S.S.Lakshmanan Dr Jotideb Mukhopadhyay Dr Anuj Maheshwari	
10.40-10.55am BREAK FOR TEA				
10:55 - 11:10am [15+5mts]	Role of yoga in Hypertension	Dr S C Manchanda		Dr M S Ramachandran Dr S Chandrasekar
11:10 - 11:40am [20+10mts]	Dr V V Muthusamy Oration : Reducing CV risk in HTN -- Looking Beyond Guidelines	Dr.Anil Kumar Virmani		Dr S.S.Lakshmanan Dr Vinod Mittal
11:40 - 12:00Pm [15+5mts]	Hypertension and Pregnancy: What is new in the Pathogenesis and Management?	Dr Venkata S Ram		Dr K Mohan Dr M S Amaresan
12:00 - 12:20pm [15+5mts]	Renal Denervation Therapy revisited	Dr Upendra Kaul		Dr S N Narasingan Dr Venkata S Ram
12:20 - 12:40pm [15+5mts]	Intricacies in Management of Hypertension in Women	Dr Meena Chhabbra		Dr J L Agarwal Dr E Prabhu
12:40 - 1:00pm [15+5mts]	Rationale for initiating treatment of hypertension with combination pill.	Dr J K Sharma		Dr N.Gopalakrishnan Dr DBD Sathiakumar
1:00 - 1:20pm [15+5mts]	Do we have Advantage of Legacy Effect in Hypertension Management?	Dr Brij Mohan		Dr Padmanabhan Dr N Malathy
1:20 - 1:40pm [15+5mts]	Biomarkers in Congestive Heart Failure : Clinical guide	Dr Amal Kumar Banerjee		Dr N Vetrivel Dr V Chiranjeevi
1:40 PM LUNCH (Post Lunch Sessions in Hall A&B)				